adventure women

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Camino: Hiking the Portuguese Way in Spain

DURATION | 9 Days

TRIP LEVEL | High Energy

Trip Overview

Pious Queen Isabela of Portugal first walked the Portuguese Camino to Santiago de Compostela in the 13th century. Follow in her footsteps on this incredible eight-day hike through the history and pastoral beauty of Portugal and Galicia with AdventureWomen!

The Portuguese Camino, less traveled but infinitely beautiful, is an ideal way to experience the Camino de Santiago: historic, picturesque, and full of charm. Your hiking guide will be with you throughout the trip to teach you about the Camino, the history of St. James, and the meanings behind the symbols you'll see along the way. At the end of this ancient path from Portugal to Spain on the Portuguese Camino to Santiago de Compostela you'll have new friends and new memories that will last a lifetime.

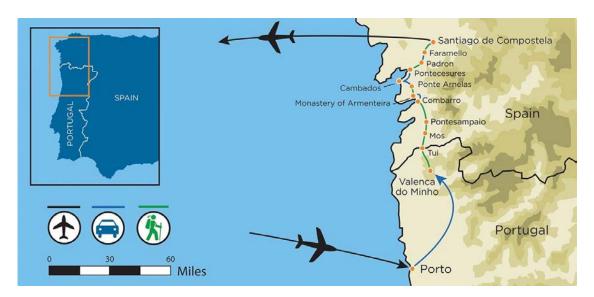
Trip Highlights

• Hike each day on the Camino de Santiago through the beauty of the rural countryside in northern Portugal and Spain. Triumph in your accomplishment as you gratefully accept your Compostela pilgrim's certificate at the Cathedral at journey's end.

• Enjoy the best of Portugal's and Spain's vineyards as you learn about the local cuisine in this part of western Europe

• Visit astonishingly beautiful palaces, lighthouses, fortresses, and monasteries and revisit history along this famous spiritual path.

Map View



Arrival: Arrive in Porto, Portugal (OPO) on Day 1 before 12:00 PM.

Departure: Depart from Santiago de Compostela, Spain (SCQ) on Day 9 at any time.





Day 1

Welcome to Portugal and Spain

Travel through the pastoral beauty of Galicia, a portion of the historic Camino de Santiago route walked by centuries of pilgrims; this less traveled but infinitely beautiful route is the ideal way to experience the Camino de Santiago. During your adventure, you'll get to know your expert guide versed in the history, culture, and cuisine of this sacred region.

After settling into your hotel, head out for an afternoon tour and tasting at the Ferreira Bodega, a Port winery founded in 1751. Then enjoy a delicious welcome dinner as you get to know your fellow travelers this evening. Share stories and learn about why each woman on your trip is excited to walk the Camino!

Meals: dinner | Overnight: Carris Hotel Porto Ribeira



Carris Hotel Porto Ribeira

This renovated historic building in the Ribeira district of Porto offers a comfortable room to begin your Camino adventure. Enjoy exploring Porto on foot from this well-located hotel.





Day 2

Explore Porto

Take an hour or two to explore the vibrant city of Porto on your own. Discover hidden gems like the stunning train station or the iconic Cathedral.

After an early lunch on your own, head to the Fortress of Valença do Minho, whose walls and ramparts dominate the riverside and speak volumes about neighborly disagreements. The fortress has repelled Spanish and French invasions since the 13th century. Here you will start the pilgrimage and get your first stamp. Walk a mile and a half into the city of Tui, Spain. After settling into your hotel, visit the cathedral where you can get another Camino stamp.

Meals: breakfast, dinner | Overnight: Parador de Tui



Parador de Tui

The Parador is in the center of Tui and is a faithful reproduction of a Galician country house. The hotel is the perfect place to sit back, relax, and enjoy the view of the mountains and river. The décor creates an relaxing atmosphere.





Day 3

From Tui to O Porriño

Start your journey today on the Portuguese Way from the beautiful town of Tui and make your way to O Porriño. You will walk over country roads and woodland paths on your journey along the Rio Louro Valley. Enjoy lunch on your own. You can ask your guide for recommendations for restaurants in O Porriño. After the hike, drive back to Tui and enjoy free time until dinner. Have dinner this evening as a group. Share stories from the day's hike and learn a bit more about each of the women on your trip. Today's Hike 12.5 miles

Meals: breakfast, dinner | Overnight: Parador de Tui





Day 4

Along the Portuguese Way

After a drive to Mos, see the Pazo Marques Mos from the outside before continuing your adventure with another long climb and a steep descent with some gradual ups-and-downs in between. You will pass through little villages, oak forests, and both country and main roads while taking in stunning views. Finally, you will reach the infamous bridge of Ponte Sampaio, where Napoleon's army suffered one of its greatest defeats. Enjoy lunch on your own in Redondela before you continue your hike to Ponte Sampaio. Today's Hike 12.5 miles

Meals: breakfast, dinner | Overnight: Parador de Pontevedra



Parador de Pontevedra

The Parador, once the residence of the counts of Maceda, is located in the old quarter of the magnificent city of Pontevedra. You will be welcomed by a stately carved stone staircase leading to comfortable guest rooms. The building combines regal, noble, and stately styles with charming rural elements.





Day 5

The Forest Route to Pontevedra

Head back to Ponte Sampaio, to continue your journey through quaint villages until reaching the Chapel of Santa Marta to take the forest route to Pontevedra. After lunch on your own, follow the inland Portuguese Camino to reach the separation point with the Spiritual Variant/the Maritime Way. Along the way, visit the church of San Pedro de Campano and the Monastery of San Juan de Poio. Then you will be picked up and transferred to Combarro. Enjoy a cooking demonstration and learn the secret techniques passed from mothers to daughters for generations. Today's Hike: 14 miles

Meals: breakfast, dinner | Overnight: Parador de Pontevedra





Day 6

Walk the Ruta da Pedra

After a short drive to the Monastery of Armenteira, start the day with a visit to the 12th-16th-century Cistercian Monastery of Armenteira, followed by a walk on the relaxing "Ruta da Pedra e da Auga" along the Armenteira river. This is a lovely section of trail in Galicia. Finish today's hike at the 16th-century stone bridge of Pontearnelas. Enjoy lunch on your own in Ribadumia before continuing your hike to Ponte Arnelas. Today's Hike: around 8.5 miles

Meals: breakfast, dinner | Overnight: Parador de Cambados



Parador de Cambados

The Parador de Cambados is located in an old country house known as Bazán, an elegant ancestral mansion. It offers bright, comfortable guest rooms and a delightful interior courtyard with a terrace café, where you will enjoy the sound of water splashing in the stone fountain and the peaceful atmosphere.





Day 7

Regional Legends along the Portuguese Way

Begin the day with a cruise that follows the journey of the stone boat carrying the remains of the Apostle Saint James. Many miracles are said to have taken place during the crossing of the body of Saint James. Learn about regional legends (including dragons, witches, and soul-seeking processions) from your guide. Walk a short distance to Padrón, where the stone boat is said to have moored with the body of the Apostle Saint James. Lunch is on your own today. After a break, the Camino brings you to the Baroque sanctuary of A Esclavitude. At the end of the hike, you reach the Pazo de Faramello, a beautiful private palace in Galicia, where a family member will show you around and share a glass of homemade Albariño before you head to your hotel for dinner as a group. Today's Hike: 9 miles.

Meals: breakfast, dinner | Overnight: Hotel Gastronómico Casa Rosalía



Hotel Gastronómico Casa Rosalía

This 250-year-old farmhouse has been exquisitely renovated into a hotel blending historic charm with contemporary design. The Casa Rosalia is housed in a traditional wood and stone building and is surrounded by ancient houses and the picturesque green countryside of Galicia.





Day 8

Santiago de Compostela

After a short drive back to Faramello, the Camino will bring you to the Chapel of la Magdalena in the oak forest of San Martino. Then, from the hills of Agro dos Monteiros, you will get your first glimpse of Santiago de Compostela. Enter the Old Town, and the Cathedral will present herself to you, beautiful and powerful from the Plaza del Obradoiro. Congratulations! You have finished the Camino de Santiago! Enjoy lunch on your own in Santiago at one of the delightful restaurants nearby! Enjoy a farewell dinner where you will get your Compostela, or Certificate of Achievement of the Camino de Santiago, given by the Pilgrim Office. Today's Hike: 10 miles

Meals: breakfast, dinner | Overnight: Hotel Compostela



Hotel Compostela

Hotel Compostela is in Galicia Square, union of both the old city with its historical center and the new city with its hustle and bustle. Close to the hotel you can find the Alameda, a park from which you can enjoy some of the better views of the cathedral.

Amenities: complimentary toiletries, hair dryer, minibar, safe, Wi-fl, air conditioning





Day 9

Depart Santiago de Compostela

Say goodbye to your new AdventureWomen friends as you transfer to the airport for your flights home.

Depart Santiago de Compostela, Spain (SCQ) any time. One group transfer is included; private transfers at other times can be arranged for an additional fee.

If you'd like to stay longer in Santiago, we can try to extend your hotel reservation, but please do not wait as hotels will fill up extremely early.



What's Included

What's Included

- · Accommodations as per itinerary based on double occupancy
- · All meals as listed in the itinerary
- All ground transportation
- One group transfer on arrival and departure
- Luggage transfers from hotel to hotel
- · Guided sightseeing and activities as indicated in the itinerary
- English-speaking guide(s) throughout the trip
- · Drinking water to refill personal bottles
- · Gratuities for baggage handling, waitstaff, and hotel staff

Not Included

- · International airfare to Portugal and from Spain
- Optional activities
- · Meals not specified in the itinerary
- · Alcoholic beverages (unless otherwise specified)
- · Fees for passport, visas, immunizations, or travel insurance
- · Cost of hospitalization or evacuation
- · Items of a personal nature
- · Gratuities for guides and drivers
- · Entrance fees for Optional Activities

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

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