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Peru: Discover Machu Picchu and the Amazon

DURATION | 11 Days

TRIP LEVEL | Active

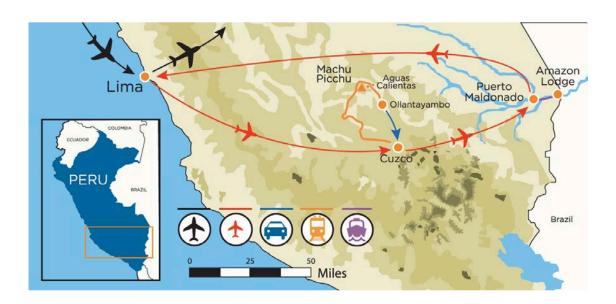
Trip Overview

Embark on an unforgettable journey into the heart of Peru, where ancient and modern cultures collide in the breathtaking landscapes of the Amazonian Basin and the iconic ruins of Machu Picchu. Begin your adventure in Lima, the vibrant capital, where you'll meet fellow travelers and your knowledgeable guide, exploring the rich history showcased in the Larco Museum and the historic Casa de Aliaga. In Cusco, connect with Nilda from the Center for Traditional Textiles, engaging in a traditional "Mother Earth ceremony." Experience the Sacred Valley through a hands-on potato harvest with the native Cuyuni, deepening your connection to the land. A guided tour of Machu Picchu will leave you in awe. Then, fly to the Amazon, where a boat ride on the Madre de Dios River leads you to the lush rainforest, revealing exotic wildlife on guided excursions, including the stunning Inkaterra Canopy Walkway and Gamitana Farm, culminating in a visit to the enchanting Butterfly House.

Trip Highlights

- Experience the awe-inspiring ruins of Machu Picchu and the stunning landscapes of the Sacred Valley, where ancient history comes to life.
- · Meet the founder of an NGO dedicated to preserving Andean weaving traditions while empowering women.
- Embark on guided trail walks and boat rides to spot exotic wildlife, and traverse suspension bridges for a breathtaking bird's-eye view of the lush rainforest canopy.

Map View





Day 1

Welcome to Lima

Arrive in Lima, the vibrant capital of Peru, nestled beneath the majestic Andes. If you arrive early, consider exploring additional guided excursions. After a day of travel, rest up for the exciting adventures that lie ahead.



The Manto Hotel - MGallery Collection

The Manto Hotel – MGallery is in the heart of one of the commercial and entertainment center of Lima. It is just a short walk to the best restaurants in the area and is a comfortable place to start your Peru adventure.

Amenities: complimentary toiletries, hair dryer, minibar, bottled water, safe, flatscreen TV, Wi-Fi, air conditioning



Day 2

Discover Lima's Rich History

Begin your day with a restful morning before meeting your group for orientation. Explore the Larco Herrera Museum, where a curator will guide you through 3,000 years of pre-Columbian history, providing insight into the rich cultural tapestry of Peru. After lunch, visit Casa de Aliaga, the oldest continuously inhabited home in the Americas, where the hostess shares the family's history intertwined with the nation's past. In the evening, enjoy a lively welcome dinner, connecting with your fellow travelers and discussing your shared excitement for the adventures ahead.

Meals: breakfast, lunch, dinner | Overnight: The Manto Hotel - MGallery Collection



Day 3

Journey to the Sacred Valley

This morning, board a flight that offers stunning views of the Andes as you head to the Sacred Valley. Upon arrival, savor a gourmet picnic lunch beside the tranquil Huaypo Lagoon. Engage in a hands-on weaving class with a master weaver, learning about the cultural significance of textile production in the Andes. Later, participate in a beautiful Tribute to the Mother Earth ceremony led by a local Pacco, connecting with the spirit of Pachamama. After a fulfilling day, enjoy dinner at your leisure at your hotel in the heart of the valley.

Meals: breakfast, lunch | Overnight: Inkaterra Hacienda Urubamba



Inkaterra Hacienda Urubamba

Hacienda Urubamba is a contemporary hacienda-style hotel in the Sacred Valley of the Incas. Immersed in the countryside in a gorgeous area, Hacienda Urubamba spans approximately 100 acres surrounded by imposing green mountains. All the rooms feature breathtaking views of the valley, immersing you in open space, serenity, and relaxing solitude.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi



Day 4

Immersion in Cuyuni Culture

Travel back in time as you visit the native community of Cuyuni, where traditions date back to pre-Inca times. Here, you'll spend the day harvesting potatoes alongside locals, gaining insight into their way of life at 13,000 feet above sea level. Experience their daily activities and ancestral traditions while learning about the challenges they face in this unique environment. Enjoy a communal lunch in the village, sharing stories and laughter. In the evening, unwind at your hotel, reflecting on the deep connections forged during this authentic cultural experience.

Meals: breakfast, lunch | Overnight: Inkaterra Hacienda Urubamba



Day 5

En Route to Machu Picchu

Today marks the start of your unforgettable journey to Machu Picchu, the "Lost City of the Incas." Board a scenic train that winds through the lush valleys and alongside the sacred Urubamba River. Arriving in Machu Picchu, enjoy a guided tour of this iconic site, rich with ancient history and breathtaking views. After lunch at a local restaurant, explore the area further or relax with optional activities like bird watching or spa treatments. In the evening, gather for dinner with your group, sharing the day's wonders and experiences.

Meals: breakfast, lunch, dinner | Overnight: Inkaterra Machu Picchu Pueblo Hotel



Inkaterra Machu Picchu Pueblo Hotel

Located in the heart of Machu Picchu Historical Sanctuary, Inkaterra's boutique Machu Picchu Pueblo Hotel is an Andean Garden of Eden. Its natural beauty spreads over 12 acres of low-rise cottages, plantations, and wild forest interspersed by stone pathways. Hummingbirds frolic in a private cloud-forest paradise, while you experience an authentic barefoot luxury hotel at the foot of Machu Picchu.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi



Day 6

Explore Machu Picchu

For those with advance permits (an additional \$25), hike up the steep peek of Huayna Picchu for a view of the ruins from above. Let us know if you'd like to book the permit for this hike – they sell out quickly, so the sooner the better! Alternatively, spend your morning exploring the fascinating citadel of Machu Picchu, taking in the architectural marvels and stunning landscapes. Enjoy lunch in Aguas Calientes before regrouping at the hotel for the train ride back to Cusco. Once in Cusco, take the evening to explore the local culinary scene with dinner at one of the city's excellent restaurants, indulging in delicious Peruvian cuisine and reflecting on your extraordinary journey so far.

Meals: breakfast | Overnight: Palacio del Inka



Palacio del Inka

A storied mansion dating back nearly five centuries, the Libertador Palacio del Inka stands in the historic center of Cusco. Directly across from the Koricancha, it is a short walk from the main square and less than a mile from an array of museums, markets, and restaurants.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi



Day 7

Uncover Cusco's Treasures

Embark on a tour of Cusco, starting with breathtaking views from Cerro Pukamoqo, where the iconic Cristo Blanco statue overlooks the city. Visit the impressive Fortress of Sacsayhuamán, renowned for its massive stone structures. Stroll through the Mercado de San Pedro, where vibrant local produce, crafts, and flavors await your discovery. Stop by the Korikancha, the Golden Temple, before finishing your exploration in the lively Plaza de Armas, home to the majestic Cathedral. Enjoy lunch at your leisure and savor a delightful dinner in a cozy restaurant, celebrating the rich flavors of Peru.

Meals: breakfast, dinner | Overnight: Palacio del Inka



Day 8

Venture into the Amazon

After breakfast, fly to Puerto Maldonado, then take a scenic boat ride along the Madre de Dios River to your jungle lodge. Settle into your cabaña and enjoy a delicious lunch. Later, embark on a guided walk along the trail system in the Inkaterra Reserva Amazonica, where you'll encounter the diverse flora and fauna of the Amazon. In the evening, take a twilight boat ride, listening to the enchanting sounds of the rainforest as you search for nocturnal wildlife, such as owls and capybaras, wrapping up your first day in this lush paradise.

Meals: breakfast, lunch, dinner | Overnight: Inkaterra Reserva Amazonica Lodge



Inkaterra Reserva Amazonica Lodge

An eco-luxury lodge in front of Madre de Dios River, Inkaterra Reserva Amazonica has 35 wooden cabanas inspired by the Ese'Eja culture. 540 bird species have been inventoried on the hotel grounds, deep in the rainforest. There is no internet here, so enjoy your time off the grid.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity



Day 9

Lake Sandoval Adventure

Today, visit Lake Sandoval in Tambopata National Reserve, gliding in a canoe across its serene waters. Here, you might spot the endangered giant river otter, red howler monkeys, and vibrant red-bellied macaws. Next, explore the Canopy Walkway, where you'll walk high above the ground, connecting eight observation platforms amidst the treetops. Keep an eye out for colorful toucans and playful monkeys. If time allows, extend your adventure to watch the sunset from the tower, savoring the tranquil beauty of the rainforest as day transitions to night.

Meals: breakfast, lunch, dinner | Overnight: Inkaterra Reserva Amazonica Lodge



Day 10

Discover Gamitana Creek

Today's journey takes you to Gamitana Creek, where you'll explore the winding banks of this dark-water creek, home to piranhas and caimans. Afterward, visit Gamitana Farm to learn about local farming practices and sustainable agriculture. Your adventure continues with a visit to Hacienda Concepcion, showcasing over 200 plant species and their various uses. Later, embark on a nighttime excursion into the rainforest, listening to the mysterious sounds of nocturnal life and spotting wildlife that thrives in the darkness. This immersive experience will deepen your appreciation for the Amazon's vibrant ecosystem.

Meals: breakfast, lunch, dinner | Overnight: Inkaterra Reserva Amazonica Lodge



Day 11

Farewell to Peru

On your final day, enjoy a boat transfer back to Puerto Maldonado airport, stopping at the Butterfly House to marvel at the stunning diversity of Peru's butterfly species. After a heartfelt farewell to the Amazon, catch your flight back to Lima. Once in Lima, you'll have a hotel room near the airport to freshen up before your journey home. Take some time to relax, repack, and enjoy dinner at the hotel restaurant. As you prepare for departure, reflect on the incredible experiences and connections made throughout this unforgettable adventure in Peru.

Meals: breakfast | Overnight: Wyndham Costa del Sol Airport Hotel



Wyndham Costa del Sol Airport Hotel

Wyndham Costa del Sol Airport Hotel is directly linked to Jorge Chavéz International Airport and affers upscale amenities for discerning travelers.

Amenities: complimentary toiletries, hair dryer, minibar, coffee / tea maker, safe, cable / satellite TV, flatscreen TV, Wi-Fi, air conditioning

What's Included

What's Included

- Accommodations as per itinerary based on double occupancy
- · All meals as listed in the itinerary
- · Group transfer upon arrival
- All ground transportation
- Domestic airfare (priced separately from the main trip)
- · Guided sightseeing and activities as indicated in the itinerary
- · Entrance fees
- English-speaking guide(s) throughout the trip
- English-speaking local guides in each location
- Drinking water available in large jugs to refill personal bottles
- · Gratuities for drivers, hotel staff, wait staff, and luggage porters

Not Included

- International airfare to and from Peru
- · Optional activities
- · Meals not specified in the itinerary
- · Alcoholic beverages (unless otherwise specified)
- Fees for passport, visas, immunizations, or travel insurance
- · Cost of hospitalization or evacuation
- · Items of a personal nature
- · Gratuities for guides

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

